The WPA Action Plan project suggested by the WPA Working Group on Digitalisation in Mental Health and Care for the Triennium 2023-2026 is based on the information provided in the Activities’ Report 2020-2023* with the prospective Position Statement* and the selected Global Digital Survey findings*, professional contact with WPA Zonal Representatives and Member Societies, longstanding expertise in the field of psychiatric digitalisation, and the commitment of both the WPA Working Group and the WPA leadership to realizing the Action Plan project:

**Improving Global Mental Health and Care: Transforming Mental Health Systems by Implementing and Upscaling Digital Service Across WPA Member Society Countries**

(*see also the Activities’ Report with Appendices, and the detailed Action Plan)

The brief project work plan covers the following components:

1. Collaborating with selected WPA Member Societies and relevant stakeholders, e.g., service providers, service users, and policymakers. This collaboration process will include, among other components, digital focus groups and Delphi consensus rounds.

2. Digital tools and programs to be implemented/upscaled and integrated with available services will be jointly decided. The options include telemental health care, early recognition/intervention, self-management, guided/blended treatment, relapse prevention and monitoring, virtual reality treatment, and/or the use of big data and Artificial Intelligence.

3. Identifying and managing barriers and facilitators to the implementation/upscaling of the selected digital tools and programs, including literacy and trust, ethical and data safety requirements, will be joining top-down (e.g., policy, regulations) and bottom-up (e.g., professionals, users, providers) contributions.

4. Awareness and capacity building will be integral to the implementation/upscaling process.

5. The evidence base of the implemented/upscaled digital target interventions, including their indication and matching with defined service needs, will become part of an educational program. This will include guidelines, educational courses and webinars to be provided to project participants.

6. The implementation/upscaling process will be accompanied by rigorous quality research, including cost-effective analyses and a follow-up survey of the digital status after the interventional phase.

7. The project will be carried out in close exchange with WPA leadership and WPA components contributing their expertise to the project implementation.

8. The work plan will be transformed in operative project phases and implemented over the next triennium (see also detailed Action Plan).

9. Resources required should be co-sponsored by WPA, NPAs and preferably (also) by external funding sources.

10. Progress of the project, interim and final results including educational materials will be reported at WPA co-sponsored Regional and World Congresses as well as through all WPA regular communication channels and published in international journals.

Responsible: Umberto Volpe (Italy), Rodrigo Ramalho (New Zealand), Wolfgang Gaebel (Germany)